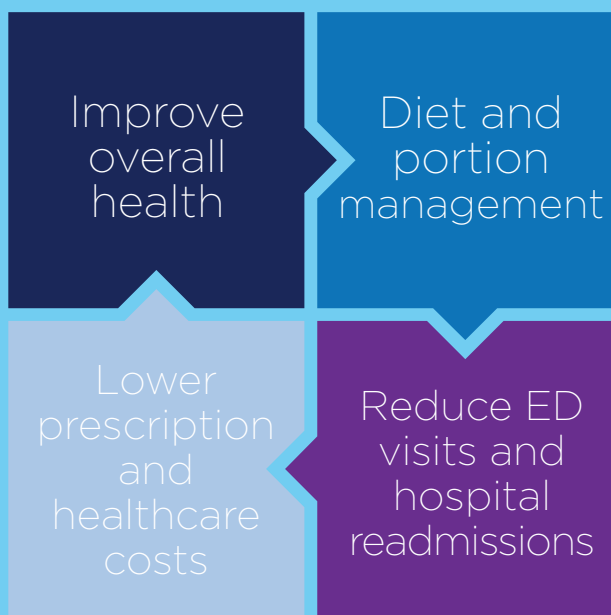


# Nutrition in Healthcare: Meal Delivery Solutions



McLane Health Solutions designs, assembles and delivers nutritiously tailored, pantry style meal kits as part of a holistic approach to healthcare addressing prevention and management of chronic conditions, balanced nutrition, and food insecurity.

High Quality,  
Nutritious,  
Pantry-Style Foods

Dietitian Developed  
Menus for Specific  
Nutritional Needs

Flexible,  
Customizable  
Solutions

A white pyramid icon on a blue background. The pyramid is divided into five horizontal sections, each labeled with a percentage: 10%, 15%, 20%, 25%, and 30% from top to bottom. Below the pyramid, the text 'ESSENTIAL WELLNESS' is written in white, all-caps, sans-serif font.

A white heart icon with a white ECG line passing through it, set against a purple background. Below the icon, the text 'HEART HEALTH / HYPERTENSION' is written in white, all-caps, sans-serif font.

A white icon of a glucose meter showing a reading of '9.0' on its screen, set against a purple background. Below the icon, the text 'DIABETES / PRE-DIABETES' is written in white, all-caps, sans-serif font.

A white ribbon icon, a symbol for cancer awareness, set against a purple background. Below the icon, the text 'CANCER / ONCOLOGY NUTRITION' is written in white, all-caps, sans-serif font.



Directly address the impacts of nutrition on health



Lower the cost burden for patients, providers and payers



Reduce ED visits and hospital readmissions

# Benefits

## PREVENTION

- Improve population health
- Advance patient / consumer education
- Prevent chronic illness and decrease comorbidities
- Drive behavioral change with patients
- Promote socio-economic equity
- Provide encouragement to keep medical appointments
- Address social determinants of health
- Promote family-wide health
- Increase medical adherence

## COST MANAGEMENT

- Reduce ED visits, hospitalizations, and readmissions
- Better align incentives with payers, providers and pharmaceuticals
- Lower costs on any medically unnecessary drug use
- Reduce unpaid patient services
- Better targeting of high-cost, high-risk patients
- Help optimize performance within capitation models
- Facilitate inter-sector collaboration on risk-based contracts
- Address shift to value-based models
- Promote shift from inpatient care to outpatient and ambulatory care

## SUPPORT

- Strengthen relationships with and support the work of physicians
- Increase patient satisfaction and survey scores
- Support coordination and transition in care
- Address food deserts and food swamps
- Build relationships with and in the support of diverse communities
- Further development of new business models
- Support patient centricity
- Strengthen your brand and attract new members and patients
- Improve relationships and engagement with existing members and patients
- Standardize the diets of clinical trial participants



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